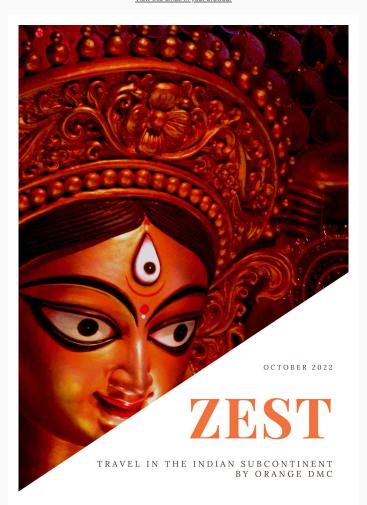
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VIBRANT COLOUR!

Dear Colleagues and Travel Partners,

In October, we find ourselves right in In October, we find ourselves right in the midst of the festive season, and India is ready to celebrate! The run up to Diwall is full of drama and rhythm, with Navratri, Durga Puja, and Dussehra in full swing. The season culminates with Diwall, the festival of light and love, at the end of October, ushering in a new year and new beginnings.

it's also a fresh start to the return of travel to the Indian Subcontinent!

Our wildlife parks reopen in October, and as the monsoon recedes, the beaches are ready for a bit of fun in the sun! Head into the forests of South India to immerse yourself in nature and adventure, then continue to the beaches of Coa or Kerala to relax and unwind in the tropical sun.

This is a great time of year to explore Inis is a great time of year to explore South India. Looking for a restful new year's break or a digital detox? There are several terrific wellness options in Karnataka, Kerala and Tamil Nadu. Unwind with yoga, meditation and ayurveda as you restore your mind, body and spirit.

Feeling active? Our guests just returned from an Annapurna trek in Nepal! The Nilgiri mountains are also ideal for hikes. treks and bike rides through the rainforests and coffee plantations, or for picnics by the river, and amazing cultural sights such as the temples at Belur and Halebid.

Or head down to Sri Lanka for a combination of wildlife and great beaches on the south coast. Ask us today to plan an amazing holiday!

Best Regards, Manan Mahajan





JUST BACK FROM... ANNAPURNA CIRCUIT TREK, NEPAL

A group of our European guests from Luxembourg just completed a fantastic trekking trip along the Annapurna Circuit in Nepal. The Himalayan landscape is magnificent, moving from sub-tropical through temperate and finally alpine forest. The forest is rich in herbs and a variety of birds and animals. You also encounter friendly locals en route and discover the charms of everyday life in rural Nepal's mountain regions. Gushing waterfalls, running streams and a chorus of birdsong surprises you at every turn.

The trail starts in Pokhara and you will visit highlights like Poon Hill and ${\bf Ghorepani.\,Orange\,organizes\,every\,aspect\,of\,your\,journey,\,from\,experienced}$ guides to comfortable accommodations and delicious cuisine. Deviate en route to visit small towns and settlements, to explore the local culture. While the lowlands have more Hindu folk, the higher areas are populated by Buddhists, and $\,$ you can pause to visit their shrines if you like.

Deep in the woods you may also spot unusual $\,$ species like the Red Panda or $\,$ Musk deer. Several species of birds can be found here and it's a great experience for nature lovers and photographers. Ask us today to learn more about how you can include this adventurous experience on your next holiday!

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October arrives with a bang as India bursts into song and dance during the most festive time of year! At this time of year we celebrate the spirit of Durga, the Divine Feminine. The celebrations take place all over the country, but nowhere is it more vivid and colourful than in West Bengal. The streets of Calcutta are filled with people, dramatic processions and idols of this awe-inspiring goddess. North India comes alive with dramatic renditions of the Ram Leela legend, for the nine nights of Navratri, to celebrate Lord Rama's triumph over the demon king Ravana. In Gujarat, the night is always young as Navratri is celebrated in a frenzy of dance, music and costume, with the traditional Carba and Dandiya Raas dance celebrations. Friends and families get together to celebrate the spirit of love and harmony, and spread joy all around. Festivals are always a highlight in India. Ask us today to include one of these in your next



ANTARA

LUXURY RIVER CRUISES

Explore the waterways of India's great rivers with Antara River Cruises. These luxurious vessels take you on fascinating journeys along the water in North and East India. Explore the mighty river Ganges as you explode Varanasi, the Sundarbans and the colonial capitals of West Bengal. Beautiful interiors, top-notch service, delicious cuisine and curated excursions make this a once in a lifetime experience in India. You can add a river cruise to your North India itinerary. End your journey in Calcutta, the Gateway to the East. Ask us today to learn more.







THE MAHARAJA'S EXPRESS

LUXURY RAIL TRAVEL

India is home to one of the world's greatest railways, and there's something special about the romance of the railroad. Explore India's beauty with a lovely journey onboard the luxurious Maharaja's Express. Explore the countryside as you chug your way through Maharashtra, Rajasthan and Delhi. Explore the highlights of Indian culture each day on guided excursions, then embark your luxury train. Luxurious cabins, personalized service, exquisite meals and all the bells and whistles of a luxury rail experience make this the trip of a lifetime. Ask us today to learn how you can include it in your itinerary.

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Marari Beach, South Kerala

Warm sunshine. A gorgeous stretch of Sandy beach that runs for miles along the shore of the Arabian Sea. Gentle waves and a soft breeze. That's the ambience at Marari.

CGH Earth's Marari Beach Resort embraces that vibe, with its eco-friendly approach to hospitality. Earthy, warm, and relaxed, CGH a Marari Beach Resort is the ideal seaside escape from the daily grind.

Large, spacious and airy, the villas have lovely gardens, full of tropical flowers and greenery. They also have private pools, which are perfect for a cooling dip on a lazy afternoon, or a quiet sundowner.

Swaving coconut palms, thatched roots, and abundant natural light create a breezy feeling. Fresh fish from the sea, and fresh produce and fruit from the property's own fields and orchards, creates a fabulous food experience. Relax with a herbal massage, enjoy a yoga session, or simply stroll along the waterfront, or through the butterfly garden. It's a getaway unlike any other.



Ayurveda, the ancient science of holistic health and wellbeing, originates in Kerala. Experience these timeless healing traditions, with a stay at CGH Earth's dedicated Ayurveda wellness centres. From an old world palace at Kalari Kovilakom, to beautiful grounds and wide open spaces at Kalari Rasayana, you will immediately feel soothed and calmed by your

CGH Earth's team has been highly trained to embrace the Ayurvedic way of being and create an authentic Ayurvedic wellness experience for each guest. From the initial consultation with an Ayurvedic practitioner, to organic, clean food, designed to suit your doshas, we promise that you will emerge from your stay feeling absolutely revitalized

While the Ayurvedic lifestyle is simple and tranquil, both properties are beautifully designed to make your stay here a pleasure. Thoughtful interiors are designed for your comfort, and the beauty of the public spaces and landscaping is extremely soothing. The CGH wellness philosophy takes into account your body type, nutrition, sleep, breathing and state of mind. Your Ayurvedic treatments are conducted in conjunction with a healthy diet, yoga, and meditation to create an all-pervading sense of well-being.





Situated in the southern part of Sri Lanka, Yala National Park is one of $\,$ the largest game reserves in the country. A thick forest gives way to an $\,$ enormous stretch of untamed coastline, on the shores of the Indian Ocean. Several land animals including wild elephants and leopards, abound in Yala. The park is also extremely well-known for many varieties of birds, some of which are unique to this habitat.

Its wild beaches are a great place to watch turtles, dolphins and even the whales during their seasonal migration. Yala has plenty of excellent places to stay and we arrange game drives into the park with highly trained guides and naturalists. It is within easy driving distance from Galle, and popular beaches like Unawatuna and Hikkeduwa, making it a terrific add-on to any itinerary.

Ask us today to learn how you can add it onto your Sri Lanka vacation.

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Who doesn't love to have it all? If you're an outdoor adventurer, who enjoys a touch of culture, great cuisine, and a little spa-time, then head straight over to Coorg. Situated in the heart of the Nilgiri biosphere, which is a UNESCO World Protected biosphere, this region is full of incredible

In the heart of this rainforest, you will find several coffee and cinnamon plantations, as well as rushing rivulets, waterfalls and mountainous countryside, making it ideal terrain for amazing hikes and treks, biking or even river-rafting. The capital of Coorg, Madikeri, is just a short drive away from the ancient temples of Belur and Halebid, some of the oldest and best preserved temples in South India. The region is also rich in tribal traditions, and the Coorg people have a very distinct ethnic heritage — a great destination for photographers. For foodies, this part of the country is a real treat. The food is unlike any other in India, and has a piquant flavour that it calls its own. Feel like some downtime after all that activity? Coorg has some of our favourite spa



TAJ MADIKERI

Situated amid 180 acres of

COORG

rainforest, on a private hill slope just outside the centre of Madikeri, the Taj Madikeri is a haven of peace and tranquility. It offers the perfect blend of outdoors ruggedness and luxurious comfort, complimented by a fabulous wellness experience. With two pools and a massive Jiva Grande spa, this is the perfect place to come back to after exploring the countryside. Or you may not want to leave at all, since it also has several beautiful walking and biking paths, and a Zen garden, ideal for yoga in the forest. Enormous and gorgeous $% \left\{ \mathbf{r}_{i}^{\mathbf{r}_{i}}\right\} =\mathbf{r}_{i}^{\mathbf{r}_{i}}$ suites with stunning views create a feeling of utter luxury.











from it all and immerse yourself in nature, then The Tamara is the right place. Set against a backdrop of lush greenery, this property is situated away from Madikeri, amid the forests and hill slopes of Coorg. Cottages and villas built on stilts offer fabulous views over the landscape. Large wooden decks are the perfect place to sit out and enjoy a steaming cup of Coorg's famous coffee! Try a little Forest Therapy, a specially curated experience by the Tamara team, or eniov a delicious meal outdoors. Unwind at the world-class spa and soak up the stunning ambience.

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If you need a terrific detox escape, and want to give your body, mind and soul a makeover then the Shreyas Yoga Retreat is the ideal place for you. Situated just beyond the city of Bangalore, it's a holistic wellness retreat with a deep emphasis on yoga, Ayurveda and naturopathy.

Shreyas is a member of Relais and Chateaux, and is one of Bangalore's best-kept secrets. The team is very experienced, and will guide you through your wellness journey. You can elevate the experience with one of Shreyas' curated excursions or social initiatives, which instil a sense of gratitude and well-being. So if you're in Bangalore on business or leisure, or simply flying in or out, consider pausing to recalibrate your being at the Shreyas Yoga Retreat.









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