



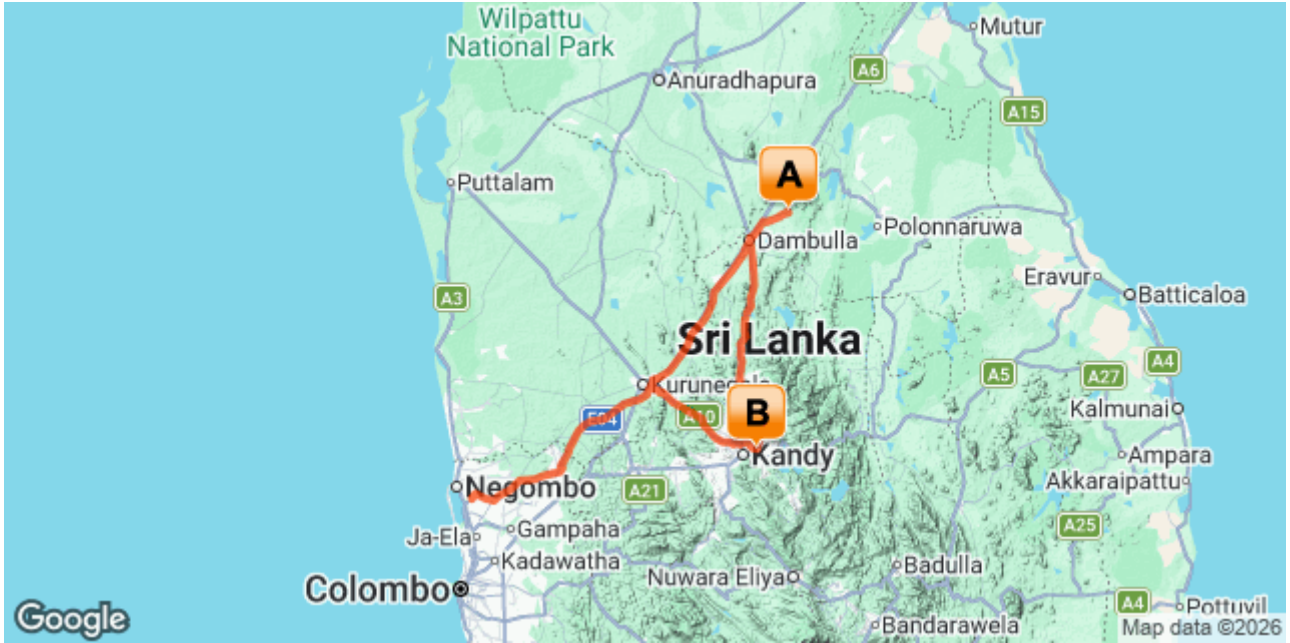
The Heart of the Cultural Triangle



The Heart of the Cultural Triangle

Sigiriya - Kandy

7 Days / 6 Nights



Introduction

Start	Accommodation	Destination	Basis	Duration
Day 1	Water Garden Sigiriya	Sigiriya	HB	3 Nights
Day 4	Adigar's Manor	Kandy	HB	3 Nights

Key

HB: Half Board - Dinner, Bed and Breakfast

B&B: Bed and Breakfast

Included

- Meet and greet upon arrival at the airport.
- Transportation by air-conditioned - Car
- **English speaking** chauffeur guide throughout the tour

Experiences Included

- Pidurangala Sunrise experience
- Polonnaruwa Ancient City by Tuk Tuk
- Bicycle Trail in Rustic Village of Sigiriya
- The Temple of the Sacred Tooth Relic
- Cultural Dance Show
- Trekking in Knuckles
- Astral Calm

Excluded

- Expenses of personal nature.
- Multiple arrival / departure transfers
- Video and Camera permits.
- Meals not specified
- Tips and portorage
- Any other services not specified above.
- PCR tests
- Covid Insurance
- Entry visa to Sri Lanka <http://www.eta.gov.lk/slvisa/>
- Drinks in hotels and restaurants.
- Personal expenses such as laundry, phone calls and fax.
- Government taxes that can be imposed in future.
- Visits and excursions not specified in the itinerary.
- Tickets to attend the Perahera Festival.
- Camera / video permits in monuments.
- Any other service not specified in the section "Price Includes"

Day 1

Water Garden Sigiriya, Sigiriya

Sigiriya

Situated in the northern Matale District of Sri Lanka, the small village of Sigiriya is best known for its proximity to the magnificent Sigiriya ‘Lion Rock’. The village offers some comfortable accommodations and a variety of restaurants for visitors to enjoy when stopping over to view the famous rock. This ancient rock fortress rises abruptly from the lush landscape and reaches over 200 metres in height. Crowning this massive outcrop are the ruins of an ancient civilisation, which are considered one of the best-preserved examples of ancient urban planning and have been listed as a UNESCO World Heritage Site. Visitors can walk through the lily-dotted moats, lush gardens and cave shrines, through the grand lion-paw entrance, and climb the series of steep staircases passing beautiful murals painted on the sheer rock walls, and enjoy exploring the ruins and soaking up spectacular views of the surrounds.

Day Itinerary

Day 01 | Airport - Sigiriya

Upon arrival at Bandaranaike International Airport, you will be warmly welcomed by your designated chauffeur guide after completing immigration formalities and collecting your luggage. The guide will escort you to your private vehicle for your transfer to Sigiriya. **(Assuming arrival on a morning flight)**

“Ayubowan! Welcome to Sri Lanka”

On arrival in Sigiriya, check in to your hotel and relax after your journey. Enjoy the remainder of the day at leisure and unwind amidst the tranquil surroundings of Sri Lanka’s cultural heartland.

Overnight stay at the hotel.

Overnight: Water Garden Sigiriya

Surrounded by winding streams and lush greenery, Water Garden Sigiriya is set within a vast, meticulously designed landscaped gardens in Sigiriya, Sri Lanka. Accommodation options feature 30 immaculately crafted and perfectly appointed villas equipped with TVs, safes, minibars, tea/coffee-making facilities, and cosy beds. Accommodations with private plunge pools are available. Facilities and services include a restaurant, a bar, and Wi-Fi. The on-site spa and wellness centre offers yoga and meditation classes, a gym, and body and beauty treatments.



Basis

Half Board - Dinner, Bed and Breakfast

Day 2**Water Garden Sigiriya, Sigiriya**

Day Itinerary**Day 02 | Sigiriya**

Begin your day with an early morning excursion to Pidurangala Rock, arriving in time to witness a spectacular sunrise over the cultural heartland of Sri Lanka. The gentle climb to the summit rewards you with breathtaking panoramic views of the surrounding landscapes and the iconic Sigiriya Rock Fortress rising majestically through the morning mist.

Following the hike, enjoy a delightful picnic breakfast by the lake overlooking Sigiriya Rock. Relax amidst tranquil surroundings while savoring a carefully prepared breakfast featuring a selection of fresh fruits, pastries, eggs, and traditional Sri Lankan specialties.

In the afternoon, proceed to Ancient City of Polonnaruwa for a unique sightseeing experience by Tuk Tuk. Explore the ancient ruins, royal palaces, sacred temples, and beautifully preserved archaeological treasures of this UNESCO World Heritage Site while learning about the fascinating history of Sri Lanka's ancient kingdoms.

Overnight stay at the hotel in Sigiriya.

Basis

Half Board - Dinner, Bed and Breakfast

Day 3**Water Garden Sigiriya, Sigiriya**

Day Itinerary**Day 03 | Sigiriya**

Around 10:00 AM, embark on a scenic bicycle trail through a rustic village in Sigiriya, followed by an authentic Sri Lankan lunch cooking demonstration.

Discover the charm of rural Sri Lankan life as you cycle through picturesque countryside landscapes, lush green paddy fields, peaceful lakes, and traditional village pathways. This immersive experience offers a wonderful opportunity to observe the daily life of the friendly local communities, who warmly welcome visitors with genuine hospitality and smiles.

The bicycle trail provides an authentic glimpse into the cultural and agricultural heritage of the region while allowing you to enjoy the tranquil beauty surrounding Sigiriya.

At the conclusion of the trail, participate in a traditional Sri Lankan cooking demonstration where you will learn how local dishes are prepared using fresh regional ingredients and traditional techniques. Thereafter, enjoy a delicious

homemade Sri Lankan lunch amidst the serene village surroundings, making for a truly memorable cultural experience.

Spend the remainder of the day at leisure, relaxing at your hotel or enjoying the peaceful atmosphere of Sigiriya.

Overnight stay at the hotel.

Basis

Half Board - Dinner, Bed and Breakfast

Day 4

Adigar's Manor, Kandy

Kandy

The second major city in Sri Lanka (the other being Colombo) lies at the centre of the Kandy Plateau, an area of beautiful tropical tea plantations. A magnificent must-see feature of the area is Kandy Lake, to the north of which lies the golden-roofed Temple of The Tooth (a UNESCO World Heritage Site and important place for Buddhist worship, as it is said to house a tooth relic of Buddha). Other fascinating places to visit include the Ceylon Tea Museum, the Buddhist Publication Society, the Ayurvedic centre in the Amaya Hills nearby, the Kandyan Art Association and Cultural Centre, where craftspeople can be seen at work, and the Kandy Muslim Hotel, which offers the finest spiced curries served with naan or Rotis.

Day Itinerary

Day 04 | Sigiriya to Kandy

After breakfast, proceed with your transfer from Sigiriya to Kandy, the cultural capital of Sri Lanka.

Upon arrival, visit the sacred **Temple of the Sacred Tooth Relic**, also known as Sri Dalada Maligawa. Nestled beside the scenic Kandy Lake and surrounded by lush hills, this revered temple houses one of Buddhism's most sacred relics — a tooth believed to belong to Lord Buddha. Experience the spiritual atmosphere and rich heritage of this important pilgrimage site.

Later in the evening, enjoy a traditional cultural performance featuring vibrant Sri Lankan dance forms and rhythmic drumming. This captivating show offers a wonderful introduction to the island's artistic traditions and provides a relaxing and engaging end to your day in Kandy.

Overnight: Adigar's Manor

Adigar's Manor is located in Kandy, Sri Lanka, close to attractions like the National Museum. The accommodation features comfortably furnished guest rooms that are equipped with modern amenities, including air conditioning, Wi-Fi access, and a private bathroom. Guests can enjoy authentic Sri Lankan cuisine at the onsite restaurant. Additional facilities and services include a bar, a swimming pool, a spa and wellness centre, and parking facilities.



Basis

Half Board - Dinner, Bed and Breakfast

Day 5

Adigar's Manor, Kandy

Day Itinerary

Day 05 | Kandy

Today, proceed for a trekking expedition to the Knuckles Mountain Range, one of Sri Lanka's most scenic and untouched natural regions.

The Knuckles Mountain Range—named for its resemblance to a clenched fist of knuckles—offers an invigorating hiking experience through mist-covered hills, dense forests, and remote village landscapes. This UNESCO-recognized biodiversity hotspot is valued by scientists and anthropologists for its unique ecosystems, endemic wildlife, and traditional rural communities spread across around 40 hidden villages.

As you trek through this mystical region, you will experience a rare side of Sri Lanka that remains largely off the beaten path. The trails reveal breathtaking viewpoints, waterfalls, terraced fields, and rich natural beauty that make the journey both peaceful and rewarding.

(You may choose between **Half-day trek / Full-day trek**)

Return to Kandy after the trek for an overnight stay.

Basis

Half Board - Dinner, Bed and Breakfast

Day 6

Adigar's Manor, Kandy

Day Itinerary

Day 06 | Kandy

Morning – Meditation Session | Astral Calm

Engage in a calming meditation session in the morning hours at *Astral Calm*.

A space of calm and clarity offering a guided meditation experience led by a highly experienced instructor. Sessions are personalized and suitable for all levels, designed to reduce stress, enhance mindfulness, and support emotional balance.

Each session lasts approximately **1 to 1.5 hours**, and includes breathing techniques, guided meditation, and moments of silence to help you reconnect with your inner self. The experience is designed to promote relaxation, mental focus, and overall well-being.

Rest of the Day – Leisure

Spend the rest of the day at leisure. You may relax at your hotel or explore Kandy at your own pace.

Optional Evening Activity – World of Batik

Experience one of Sri Lanka's most treasured traditional art forms through a private Batik design session.

This hands-on workshop is guided by a skilled and experienced Batik artist and offers a complete introduction to the Batik-making process—from wax-resist techniques to dyeing and final detailing. The session lasts approximately **2.5 to 3 hours**, giving you time to design and create your own Batik piece to take home as a souvenir.

The experience is suitable for all skill levels and is conducted in a relaxed and creative environment.

Inclusions:

- Brief history and cultural background of Batik in Sri Lanka
- Demonstration of wax application using traditional tools
- Fabric dyeing and color selection techniques
- Final detailing and preservation guidance
- All materials provided with full instructor support

Basis

Half Board - Dinner, Bed and Breakfast

Day 7

End of Itinerary

Day Itinerary

Day 07 | Kandy to Airport

After breakfast, check out from the hotel and proceed with your transfer to Bandaranaike International Airport in time for your onward journey.

You are advised to arrive at the airport at least **3 hours prior to your departure flight** to allow sufficient time for check-in, immigration, and security procedures.

This marks the end of your journey, taking with you memorable experiences of Sri Lanka's culture, nature, and warm hospitality.

Basis

Bed and Breakfast

Transport

Transfers

Date	Company	Pick Up	Drop Off	Time	Vehicle
		Bandaranaike International Airport [CMB]	Water Garden Sigiriya		Transfer
		Water Garden Sigiriya	Adigar's Manor		Transfer
		Adigar's Manor	Bandaranaike International Airport [CMB]		Transfer

Urgent Contact Numbers

Company Name	Telephone	Email Address	Contact Person
Orange DMC	0124-4829200-29	info@orangedmc.com	New User

Service Provider Directory

Service Provider	Ref. Number	Telephone	Address
Adigar's Manor		94812425133	THE KANDY HOUSE Amunugama Walauwa Gunnepana Kandy Sri Lanka
Water Garden Sigiriya		94711667667	Sigiriya Road

Travel Information



Lying between the more explored parts of India and Southeast Asia, Sri Lanka's history, culture, and natural beauty make it an undeniably alluring destination. A historians playground, Sri Lanka has a history that dates back 3000 years and is one of a few places offering as many as eight UNESCO World Heritage sites, including the world-renowned Dambulla Royal Cave Temple and Golden Temple. Like its massive neighbour India, Sri Lanka is a diverse country, home to many religions, ethnicities and languages. Its size, however, means that visitors can spend time meditating in a 2000-year-old temple in the morning, touring the sacred home of the world's oldest living human-planted tree in the afternoon and savouring mouth-watering local rice and curry dishes for dinner. It is also still blessed with various wildlife that has survived on this small island for centuries alongside this human civilisation, including the mighty Sri Lankan Elephant. A true gem, Sri Lanka has something for everyone - from the modern city of Colombo with its skyscrapers to national parks teeming with elephants and miles of pristine beaches that offer epic surf.

Banking and Currency

Currency

Local currency: Sri Lankan Rupee

Symbol: RS in English, රු in Sinhala,

ISO code: LKR

Subunit: Cent

Banknotes: රු20, රු50, රු100, රු500, රු1000, රු1000, රු5000

Coins: රු1, රු2, රු5, රු10

Banking

Card Transactions: Yes

ATMs: Yes

Mastercard: Yes

Visa: Yes

American Express: Yes

Diner's club: Yes

Banking Hours:

Weekdays: 9:00 AM - 3:00 PM

Weekends: Saturdays - 8:30 AM to 12:30 PM | Sundays - Closed

Public Holidays: Closed

Foreign exchange services: Yes

Travel, Transport and Getting Around

Air:

Main airlines: SriLankan Airlines

International Airports: Bandaranaike International Airport

Domestic Airports: Mattala Rajapaksa International Airport, Ratmalana Airport

Road:

Driving on the: Left

Tar roads: Yes

Gravel roads: Yes

Valid International Driver's License needed: Yes

Car hire available: Yes

Taxis: Yes

E-hailing services: Yes

Bus:

Inter-city bus services: Yes

Local city bus networks: Yes

Rail:

Railway system: Yes

Subway System: No

Water:

Ferries: Yes

Water taxis: Yes

Leisure cruises: Yes

Food, Drink and Cuisine Advice

Food and water safety:

Can you drink the tap water: No

Fresh fruit and veg: Yes

Ice: Yes

Meat: Yes

Street food: Yes

Local cuisine:

Sri Lankan cuisine is known for its aromatic spices, vibrant flavors, and rich variety. Rice and curry are staples, often accompanied by dishes like dhal (lentil curry), sambol (coconut relish), and hoppers (pancakes). Notable local drinks include king coconut water, arrack (coconut spirit), and Ceylon tea.

Tipping: 10%

Climate and Weather

Annual rainfall: 2000 - 3000 mm

Average temperature: 27°C

Summer:

Average highs: 31°C

Average lows: 25°C

Winter:

Average highs: 29°C

Average lows: 23°C

Best time to visit:

The best time to visit Sri Lanka is from December to March, during the dry season, when the weather is generally sunny and pleasant.

Clothing and Dress Recommendations

Spring and Summer

Cool, light, breathable and comfortable: Yes

Lightweight warm clothes: No

Winter and Autumn

Jerseys, cardigans, sweaters, jackets: Recommended

Heavyweight clothing and boots: No

General

Umbrella and raincoat: Yes

Warm gloves, hat and scarf: No

Swimming costume (bathing suit): Yes

Hat, sunglasses and sunblock: Yes

Walking shoes: Yes

Casual: Yes

Smart-casual attire: Yes

Internet Availability

Internet cafes: Yes

Accommodation options: Yes

Restaurants: Yes

Cafes: Yes

Shopping malls: Yes

Public parks: Yes

Libraries: Yes

Electricity and Plug Standards

Plug Type: Type D, Type G

Voltage (V): 230V

Frequency Hertz (Hz): 50Hz

Travel plug adapter and voltage converter might be necessary depending on your appliances.
