



The Ghorepani & Poon Hill Experience

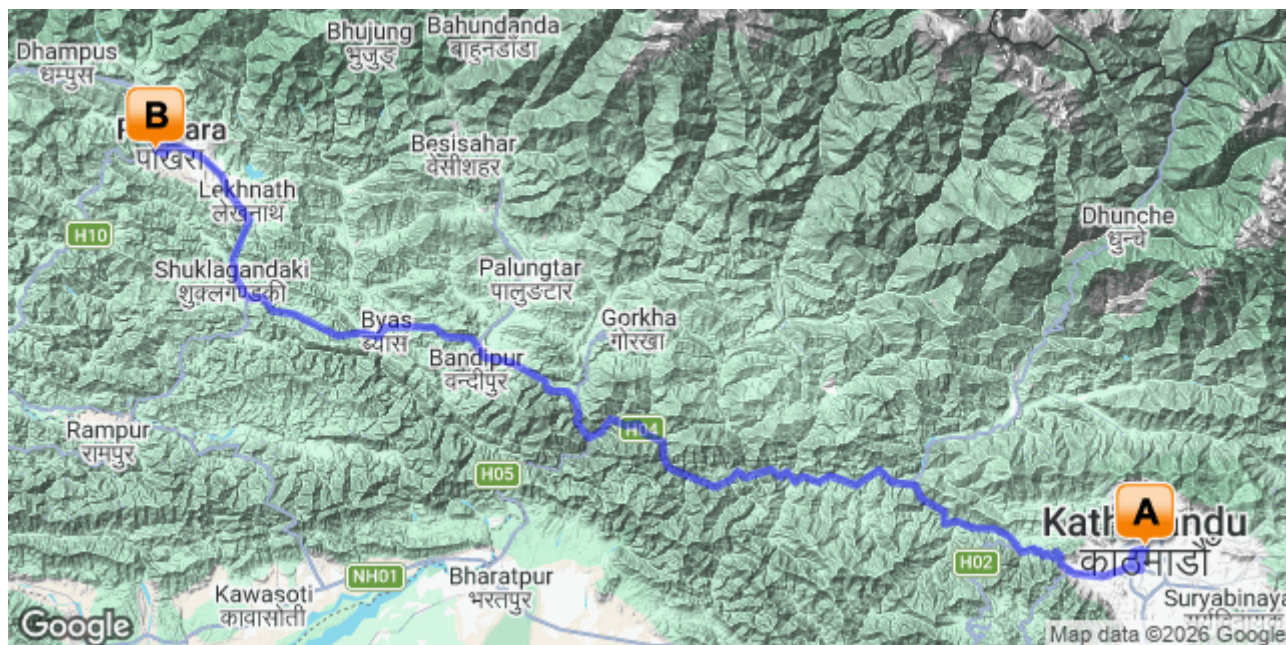


The Ghorepani & Poon Hill Experience

Kathmandu - Pokhara

10 Days / 9 Nights

Date of Issue: 14 July 2026



Introduction

Start	Accommodation	Destination	Basis	Duration
Day 1	Dusit Princess Kathmandu	Kathmandu	B&B	2 Nights
Day 3	Fish Tail Lodge	Pokhara	B&B	6 Nights
Day 9	Dusit Princess Kathmandu	Kathmandu	B&B	1 Night

Key

B&B: Bed and Breakfast

Included

Included in the costs are:

- Assistance at the airport.
- 03 Nights' accommodation at Hotel in Kathmandu on MAP plan.
- 03 Nights' accommodation at Hotel in Pokhara on MAP plan.
- 04 Days' Poon Hill Trek using accommodation at Local Lodge on AP plan.
- Trek sirdar (local English speaker) and necessary porters during trek.
- Annapurna Conservation Area Project fee.
- First AID box.
- Necessary trek transfers as per the itinerary by Jeep.
- First AID Kit (sirdar will carry the basic Medical Kit but advise you to bring on your own, if doctors' prescribed medication).
- Surface transfers Kathmandu-Pokhara-Kathmandu by air-conditioned vehicle with necessary vehicle retention.
- Sightseeing tours and transfers as mentioned in the above itinerary by private vehicle (fully air-conditioned).
- Sarangkot sun rise view with guide.
- Boat ride at Lake Phewa.
- Local English speaking guide during sightseeing tour.
- Monumental entrance fees.
- Water in the vehicle throughout the tour.
- All currently applicable taxes including Service tax.

Excluded

- International airfares.
- Nepal visa fee.
- Any beverages including mineral water, soft drinks, alcoholic drinks etc. unless otherwise specified. It is more cost effective for us to bill you for all beverages based on actual consumption.

- Any items of a personal nature such as laundry, telephone calls etc.
- The prices do not include: undue escalation in fuel prices, new taxes levies on hotels and transportation services or any hikes in entrance fees. Any large tax hikes and new levies shall be payable extra and shall be billed accordingly with prior notice.
- Any other items not mentioned in the cost inclusion section.
- Insurance.

Day 1

Dusit Princess Kathmandu, Kathmandu

Kathmandu

Nepal's capital city serves as the departure point for treks into the Himalayas, including Mount Everest and Annapurna, and as a result, it is a major travel and tourism hub. Besides its proximity to these world-class hiking trails, the city also features many charms of its own, including an exquisite setting amidst snow-covered mountain peaks, friendly locals, several UNESCO World Heritage Sites and a series of ornate stone temples dating back hundreds of years. Don't miss a visit to the sacred Boudhanath Stupa, the ancient tree-swathed site of Swayambhunath, or Kathmandu Durbar Square with its 12th-century temples.

Day Itinerary

ARRIVE KATHMANDU

Meals: Dinner

Welcome to **Kathmandu**, the vibrant capital of Nepal. On a clear day, your flight into Kathmandu offers breathtaking aerial views of the majestic Himalayan range, providing a spectacular introduction to this enchanting destination.

Upon arrival at **Tribhuvan International Airport**, you will be warmly welcomed by our local representative and chauffeur, who will assist you with your transfer to your designated hotel. After completing the check-in formalities, you will receive a detailed briefing about your tour program and the exciting experiences planned for the days ahead.

The remainder of the day is at leisure, allowing you to relax and recover from your journey.

Check-in at the Hotel.

Dinner and Overnight Stay at the Hotel.

Overnight: Dusit Princess Kathmandu

The Dusit Princess Kathmandu is conveniently located in upmarket Lazimpat in the heart of Nepal's vibrant capital. The guest rooms and suites are light, modern and elegantly decorated, equipped with heating/air conditioning, Wi-Fi, TVs, sitting areas, mini-bars, tea/coffee facilities, hairdryers and well-thought-out private bathrooms. Guests can enjoy dining at the on-site restaurants serving delectable Thai and artisanal dishes or relax at one of the comfortable bars with a creative cocktail. The additional amenities and services include a rooftop infinity pool with expansive sitting areas and a bar, meeting facilities, event hosting, a spa, a lobby lounge and a reception. Guests can enjoy exploring Kathmandu Durbar Square, Swayambhunath Stupa and the Narayanhiti Palace Museum.



Basis

Bed and Breakfast

Day 2

Dusit Princess Kathmandu, Kathmandu

Day Itinerary

KATHMANDU SIGHTSEEING TOUR

Meals: Breakfast & Dinner

After breakfast at the hotel, embark on a full-day guided sightseeing tour of **Kathmandu Durbar Square**, **Swayambhunath Stupa**, and the sacred **Pashupatinath Temple**—three of Kathmandu's most iconic UNESCO World Heritage Sites.

Kathmandu Durbar Square

Located in the historic heart of Kathmandu at **Basantapur**, Kathmandu Durbar Square is a magnificent complex of ancient palaces, temples, courtyards, and monuments that once served as the royal residence of Nepal's Malla and Shah kings. Highlights include the historic **Hanuman Dhoka Royal Palace**, the towering **Taleju Temple**, the sacred **Kumari Ghar**, home to Nepal's Living Goddess, the **Ashok Vinayak Temple** dedicated to Lord Ganesha, and the imposing shrine of **Kal Bhairav**. The square is also home to the legendary **Kasthamandap**, a historic wooden pavilion believed to have been constructed from the timber of a single tree, from which the city of Kathmandu derives its name.

Swayambhunath Stupa

Perched atop a hill approximately **2 km west of Kathmandu**, the ancient **Swayambhunath Stupa**, also known as the **Monkey Temple**, is one of Nepal's oldest and most revered Buddhist monuments, dating back nearly 2,000 years. Its gleaming white dome, gilded spire, and the iconic all-seeing eyes of Buddha symbolize wisdom and compassion. Surrounded by prayer wheels, monasteries, and colourful prayer flags, the stupa offers breathtaking panoramic views of the Kathmandu Valley and remains a sacred pilgrimage site for both Buddhists and Hindus.

Pashupatinath Temple

Situated on the sacred banks of the **Bagmati River**, approximately **5 km east of Kathmandu**, **Pashupatinath Temple** is Nepal's most revered Hindu shrine dedicated to **Lord Shiva**. Dating back to the 5th century, the temple is renowned for its traditional two-tiered pagoda architecture, gilded roof, intricately carved silver doors, and the sacred Shiva Lingam enshrined within.

A major pilgrimage destination for Hindus from around the world, Pashupatinath is especially significant during the annual **Maha Shivaratri** festival. Visitors can also observe the traditional cremation ghats located along the banks of the Bagmati River, an important part of Nepal's spiritual and cultural heritage.

Following the sightseeing tour, return to your hotel.

Dinner and Overnight Stay at the Hotel.

Basis

Bed and Breakfast

Day 3

Fish Tail Lodge, Pokhara

Pokhara

The second-largest city in Nepal, Pokhara sits on the shores of Phewa Lake in the central region of the country. Often called the 'Adventure and Leisure Capital of Nepal', and known as the gateway to the Annapurna Circuit, Pokhara is a popular hub offering plenty to see and do. The range of activities on offer is impressive, with lakes and waterfalls to admire; yoga, reiki, and meditation classes to attend; caves (such as Mahendra) to explore; boating, canoeing, and whitewater rafting on the waterways surrounding the Lake to enjoy; and a number of challenging hikes to test your fitness (the viewpoint of Sarangkot is particularly rewarding). Meanwhile, serious trekkers can access the Annapurna Base Camp from Pokhara, the first stop for a number of stunning trails through the spectacular mountain range.

Day Itinerary

DRIVE TO POKHARA (210 KM | APPROX. 6–7 HOURS) & EVENING BOAT RIDE ON PHEWA LAKE

Meals: Breakfast & Dinner

After breakfast, depart by road for the picturesque lakeside city of **Pokhara**. The scenic drive of approximately **210 km** (6–7 hours) passes through charming villages, terraced hillsides, lush river valleys, and the winding **Trishuli** and **Marshyangdi Rivers**, offering a wonderful introduction to Nepal's countryside.

Upon arrival in **Pokhara**, complete the check-in formalities at your hotel and take some time to relax before your evening excursion.

Pokhara

Nestled at the foothills of the **Annapurna Himalayas**, Pokhara is Nepal's premier leisure destination and is celebrated for its breathtaking natural beauty. Situated at a lower elevation than Kathmandu, the city enjoys a pleasant climate and is surrounded by emerald lakes, dense forests, cascading rivers, and snow-capped Himalayan

peaks. The tranquil atmosphere, coupled with spectacular mountain vistas, makes Pokhara one of the most enchanting destinations in Nepal.

Boat Ride on Phewa Lake

In the evening, enjoy a relaxing boat ride on the serene **Phewa Lake**, the second-largest lake in Nepal and the heart of Pokhara's tourism district. Surrounded by the vibrant **Lakeside** promenade, the lake offers a peaceful escape amidst stunning natural scenery.

Cruise across the calm emerald waters while admiring breathtaking reflections of **Mount Machhapuchhre (Fishtail Peak)** and the majestic **Annapurna** and **Dhaulagiri** mountain ranges. The lakeshore is lined with charming cafés, restaurants, and boutiques, while the opposite shore is covered with lush forests, creating a perfect balance of nature and leisure.

After the boat ride, return to your hotel or enjoy some free time exploring the lively **Lakeside** area at your own pace.

Dinner and Overnight Stay at the Hotel.

Overnight: Fish Tail Lodge

Fish Tail Lodge boasts a spectacular location on the peninsula of Phewa Lake in Nepal. The property has a panoramic view of the Annapurna Mountain Range and Mt. Machhapuchhre. Spacious and comfortable, each of the accommodation options feature modern amenities such as a TV, bathroom, wireless internet and tea and coffee making facilities. Guests may enjoy a tasty meal at the on-site restaurant and a refreshing drink at the hotel bar. Leisure facilities include a spa with numerous beauty and body treatments, a swimming pool and a gym.



Basis

Bed and Breakfast

Day 4

Fish Tail Lodge, Pokhara

Day Itinerary

SUNRISE TOUR AT SARANGKOT & POKHARA SIGHTSEEING

Meals: Breakfast & Dinner

Begin your day early with a scenic drive to **Sarangkot** (departure around **05:00 AM**, subject to seasonal sunrise timings) to witness one of Nepal's most spectacular Himalayan sunrises.

Sarangkot Sunrise

Perched at an elevation of **1,592 metres**, approximately **9 km northwest of Pokhara**, **Sarangkot** is one of Nepal's most celebrated viewpoints. As the first rays of sunlight illuminate the snow-capped peaks, enjoy breathtaking panoramic views of the **Annapurna Massif**, **Machhapuchhre (Fishtail Peak)**, **Dhaulagiri**, and the surrounding Himalayan ranges. From the hilltop, admire sweeping vistas of the **Pokhara Valley**, the tranquil **Phewa Lake**, and the lush countryside below.

After the sunrise experience, return to the hotel for breakfast before proceeding on a guided sightseeing tour of Pokhara.

Bindhyabasini Temple

Visit the sacred **Bindhyabasini Temple**, one of Pokhara's oldest and most revered Hindu shrines, with a history spanning over **250 years**. Dedicated to **Goddess Bindhyabasini**, an incarnation of Goddess Kali, the temple is an important place of worship and offers a peaceful atmosphere along with panoramic views of the surrounding mountains.

Gupteshwor Mahadev Cave

Continue to the fascinating **Gupteshwor Mahadev Cave**, one of Nepal's longest limestone caves. This sacred underground cave houses a revered shrine dedicated to **Lord Shiva** and features impressive rock formations. The cave extends beneath the famous Devi's Falls, where visitors can witness the cascading water flowing through its rocky chambers.

Devi's Falls

Visit the spectacular **Devi's Falls (Patale Chhango)**, a unique waterfall where the water disappears into an underground tunnel. Located just a short distance from Pokhara Airport, this natural wonder is named after a Swiss visitor who was tragically swept away by the powerful current, giving the site its enduring name.

World Peace Pagoda (Shanti Stupa)

Conclude your sightseeing with a visit to the magnificent **World Peace Pagoda (Shanti Stupa)**, situated atop **Anadu Hill** overlooking Pokhara. This gleaming white Buddhist monument offers breathtaking panoramic views of **Phewa Lake**, the **Pokhara Valley**, and the snow-capped **Annapurna Himalayan Range**. Surrounded by serene landscapes and peaceful walking trails, the pagoda provides a tranquil setting for reflection while showcasing some of the finest views in Nepal.

After the sightseeing tour, return to your hotel or spend some leisure time exploring the vibrant **Lakeside** area at your own pace.

Dinner and Overnight Stay at the Hotel.

Basis

Bed and Breakfast

Day 5

Fish Tail Lodge, Pokhara

Day Itinerary

DRIVE TO NAYAPUL & TREK TO ULLERI (2,070 M)

Meals: Breakfast, Lunch & Dinner

After breakfast at the hotel, drive to **Nayapul**, the starting point of your trekking adventure. The scenic drive takes approximately **1 hour**, passing through picturesque countryside and charming rural settlements.

Upon arrival at **Nayapul**, begin your trek towards **Ulleri (2,070 m)**. The hike takes approximately **3 hours**, following the beautiful **Modi Khola** through lush forests, terraced farmlands, and traditional villages. Along the way, enjoy the soothing sound of the river, the songs of native birds, and the vibrant rhododendron forests that bloom spectacularly during spring.

As you ascend, the trail offers impressive views of the surrounding hills and introduces you to the rich culture and hospitality of the local Gurung and Magar communities. Upon reaching **Ulleri**, a picturesque mountain village perched on the hillside, take in the peaceful Himalayan atmosphere and prepare for the exciting trekking days ahead.

Check in to your local lodge and relax amidst the tranquil mountain surroundings.

Overnight Stay at a Local Lodge.

Basis

Bed and Breakfast

Day 6

Fish Tail Lodge, Pokhara

Day Itinerary

TREK TO GHOREPANI (2,675 M) – APPROX. 5–6 HOURS

Meals: Breakfast, Lunch & Dinner

After an early breakfast, begin your trek from **Ulleri** to the picturesque mountain village of **Ghorepani (2,675 m)**. The trail ascends gradually through enchanting forests of rhododendron, oak, and magnolia, offering a refreshing walk amidst the pristine landscapes of the **Annapurna Conservation Area**.

En route, pass through the traditional Magar villages of **Banthanti** and **Nangethanti**, where you can experience the warm hospitality of the local community while enjoying magnificent views of **Annapurna South (7,219 m)**, **Hiunchuli (6,441 m)**, and the surrounding Himalayan peaks. The trail crosses several mountain streams and winds through dense forests that burst into vibrant colours during the rhododendron blooming season.

Upon arrival at **Ghorepani**, one of Nepal's most popular trekking villages, take in the spectacular mountain panorama featuring **Dhaulagiri**, **Annapurna I**, **Annapurna South**, **Nilgiri**, and several other snow-capped peaks. With time to spare, enjoy a leisurely stroll through the charming village or simply relax and soak in the serene Himalayan atmosphere.

Check in to your local tea house and unwind after another rewarding day on the trail.

Overnight Stay at a Local Lodge.

Basis

Bed and Breakfast

Day 7

Fish Tail Lodge, Pokhara

Day Itinerary

HIKE TO POON HILL (3,210 M) & TREK TO GHANDRUK (1,950 M) – APPROX. 6 HOURS

Meals: Breakfast, Lunch & Dinner

Rise early before dawn and begin a memorable hike to **Poon Hill (3,210 m)**, one of Nepal's most celebrated Himalayan viewpoints. The ascent takes approximately **1 hour**, rewarding you with an unforgettable sunrise over the majestic Annapurna and Dhaulagiri mountain ranges.

As the first rays of sunlight illuminate the snow-capped peaks, witness breathtaking panoramic views of **Annapurna I, Annapurna South, Machhapuchhre (Fishtail Peak), Dhaulagiri, Nilgiri, Hiunchuli**, and numerous surrounding Himalayan summits. The spectacular golden hues reflecting off the mountains create one of the most iconic sunrise experiences in Nepal.

After spending time enjoying the magnificent scenery and capturing memorable photographs, descend back to **Ghorepani** for breakfast.

Following breakfast, continue your trek to the charming village of **Ghandruk (1,950 m)**. The trail winds through lush rhododendron forests, terraced farmlands, and traditional Himalayan settlements while offering stunning mountain vistas throughout the journey.

Upon arrival, explore **Ghandruk**, a picturesque **Gurung** village renowned for its rich cultural heritage, traditional stone houses, warm hospitality, and breathtaking views of the Annapurna range. Spend the evening immersed in the peaceful atmosphere of this beautiful mountain village.

Overnight Stay at a Local Lodge.

Basis

Bed and Breakfast

Day 8

Fish Tail Lodge, Pokhara

Day Itinerary

TREK TO NAYAPUL (APPROX. 5 HOURS) & DRIVE TO POKHARA (APPROX. 1 HOUR)

Meals: Breakfast, Lunch & Dinner

After breakfast, begin your final day of trekking as you descend from the picturesque village of **Ghandruk** towards **Nayapul**. The scenic trail passes through charming Gurung villages, lush rhododendron forests, terraced farmlands, and across several suspension bridges, offering beautiful views of the surrounding Himalayan landscape.

As you make your way downhill, bid farewell to the magnificent peaks of **Annapurna I**, **Annapurna South**, **Machhapuchhre (Fishtail Peak)**, **Dhaulagiri**, and **Hiunchuli**. Continue through the charming village of **Birethanti**, following the tranquil **Modi Khola** before arriving at **Nayapul**, where your trek concludes.

Upon arrival, board your waiting vehicle for a scenic drive of approximately **1 hour** back to **Pokhara**.

On reaching Pokhara, you will be welcomed by our local representative and assisted with the check-in formalities at your hotel. The remainder of the day is at leisure to relax or explore the vibrant **Lakeside** area at your own pace.

Dinner and Overnight Stay at the Hotel.

Basis

Bed and Breakfast

Day 9

Dusit Princess Kathmandu, Kathmandu

Kathmandu

As previously described

Day Itinerary

DRIVE BACK TO KATHMANDU (210 KM | APPROX. 6–7 HOURS)

Meals: Breakfast & Dinner

After breakfast at the hotel, depart by road for **Kathmandu**. The scenic journey of approximately **210 km** (6–7 hours) follows picturesque river valleys, terraced hillsides, and charming rural villages, offering a final opportunity to admire Nepal's beautiful countryside.

Upon arrival in **Kathmandu**, you will be assisted with the hotel check-in formalities. The remainder of the day is at leisure, allowing you to relax after your journey or explore the city's vibrant markets and cafés at your own pace.

Dinner and Overnight Stay at the Hotel.

Overnight: Dusit Princess Kathmandu

The Dusit Princess Kathmandu is conveniently located in upmarket Lazimpat in the heart of Nepal's vibrant capital. The guest rooms and suites are light, modern and elegantly decorated, equipped with heating/air conditioning, Wi-Fi, TVs, sitting areas, mini-bars, tea/coffee facilities, hairdryers and well-thought-out private bathrooms. Guests can enjoy dining at the on-site restaurants serving delectable Thai and artisanal dishes or relax at one of the comfortable bars with a creative cocktail. The additional amenities and services include a rooftop infinity pool with expansive sitting areas and a bar, meeting facilities, event hosting, a spa, a lobby lounge and a reception. Guests can enjoy exploring Kathmandu Durbar Square, Swayambhunath Stupa and the Narayanhiti Palace Museum.



Basis

Bed and Breakfast

Day 10

End of Itinerary

Day Itinerary

FINAL DEPARTURE

Meals: Breakfast

After breakfast, check out from the hotel and transfer to **Tribhuvan International Airport** for your onward flight.

Our representative will assist you with the departure formalities and ensure a timely transfer to the airport for a smooth and comfortable journey home.

As your unforgettable journey through Nepal comes to an end, depart with cherished memories of the majestic Himalayas, breathtaking landscapes, rich cultural heritage, and the warm hospitality of its people. We wish you a safe journey and look forward to welcoming you back for another extraordinary adventure.

End of Services.

Basis

Bed and Breakfast

Travel Information



Tucked away in the Himalayan Mountains, this enchanting nation's natural landscape is dominated by eight of the world's tallest peaks, including the iconic Mount Everest. In addition to the numerous ambitious climbers who flock here to face the challenge of climbing this majestic peak, Nepal attracts large numbers of eco-tourists eager to experience this intriguing country's virtually untouched natural wonders including lush subtropical forests home to a range of exotic wildlife. Nepal's cultural landscape is just as diverse as its natural one, playing host to an array of distinct ethnic groups. Other popular tourist highlights include: the capital city of Kathmandu with its exquisite temples and palaces; the sheer magnificence of Patan's Golden Temple; Chitwan National Park, for its impressive scenery; and, of course, Bodnath, the nation's most sacred Buddhist monument.

Banking and Currency

Currency

Local currency: Nepalese Rupee

Symbol: ₹

ISO code: NPR

Subunit: Paisa (1/100)

Banknotes: ₹5, ₹10, ₹20, ₹50, ₹100, ₹500, ₹1000

Coins: ₹1, ₹2, ₹5, ₹10, ₹20, ₹50, ₹100

Banking

Card Transactions: Limited

ATMs: Yes

Mastercard: Yes

Visa: Yes

American Express: Limited

Diner's club: Limited

Banking Hours:

Weekdays: 9:00 AM - 4:00 PM

Weekends: Limited hours in some locations

Public Holidays: Yes (limited hours)

Foreign exchange services: Yes

Travel, Transport and Getting Around

Air:

Main airlines: Nepal Airlines, Himalaya Airlines

International Airports: Tribhuvan International Airport (KTM)

Domestic Airports: Pokhara Airport, Bharatpur Airport, etc.

Road:

Driving on the: Left

Tar roads: Yes

Gravel roads: Yes

Valid International Driver's License needed: Yes

Car hire available: Yes

Taxis: Yes

E-hailing services: No

Bus:

Inter-city bus services: Yes

Local city bus networks: Yes

Rail:

Railway system: Limited

Subway System: No

Water:

Ferries: No

Water taxis: No

Leisure cruises: No

Food, Drink and Cuisine Advice

Food and water safety:

Can you drink the tap water: No

Fresh fruit and veg: Yes

Ice: No

Meat: Yes

Street food: Yes

Local cuisine: Nepali cuisine offers a variety of flavors influenced by its diverse ethnic groups. Dal Bhat, a lentil soup served with rice and vegetable curry, is a staple. Momo, dumplings filled with meat or vegetables, are a popular street food. Other notable dishes include Sel Roti, a sweet, deep-fried rice bread, and Dhido, a traditional Nepali dish made from buckwheat or millet flour.

Drinks: Chyang (traditional millet-based beer), Raksi (traditional distilled liquor), and Chiya (Nepali milk tea).

Tipping: Tipping is not expected but appreciated, typically rounding up the bill.

Climate and Weather

Annual rainfall: Varies

Average temperature: 15°C

Summer:

Average highs: 25°C

Average lows: 15°C

Winter:

Average highs: 20°C

Average lows: 5°C

Best time to visit: The best time to visit Nepal is during the spring (March to May) and autumn (September to November) when the weather is mild and favorable for trekking and outdoor activities. These seasons offer clear skies, stunning mountain views, and vibrant festivals.

Clothing and Dress Recommendations**Spring and Summer**

Cool, light, breathable and comfortable: Yes

Lightweight warm clothes: Yes

Winter and Autumn

Jerseys, cardigans, sweaters, jackets: Recommended

Heavyweight clothing and boots: Yes

General

Umbrella and raincoat: Yes

Warm gloves, hat and scarf: Yes

Swimming costume (bathing suit): Yes

Hat, sunglasses and sunblock: Yes

Walking shoes: Yes

Casual: Yes

Smart-casual attire: Yes

Internet Availability

Internet cafes: Limited

Accommodation options: Yes

Restaurants: Limited

Cafes: Yes

Shopping malls: Limited

Public parks: Yes

Libraries: Limited

Electricity and Plug Standards

Plug Type: Type C, Type D, Type M

Voltage (V): 230

Frequency Hertz (Hz): 50

*Travel plug adapter and voltage converter might be necessary depending on your appliances.
